



# Creating Moments of Joy for the Person with Alzheimer's or Dementia: A Journal for Caregivers

*Jolene Brackey*

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## **Creating Moments of Joy for the Person with Alzheimer's or Dementia: A Journal for Caregivers**

Jolene Brackey

This book offers many ways to create moments of joy. No matter what the environment or situation is, this book will be a positive tool on a daily basis. This book breaks down the learning process into five sections. Within those five sections are smaller steps. At the end of each step is a place to journal thoughts, ideas, solutions and treasures. With this journal, many moments of joy will be created.

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