



# Leith's Cooking for 1 or 2

Polly Tyrer

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Polly Tyrer

### Leith's Cooking for 1 or 2 Polly Tyrer

Contains over 150 recipes for easy-to-make meals. They include: summer garden soup; blue cheese risotto; pan fried cod with mustard and dill cream; chicken breast with cumin and mint; lentil shepherd's pie; and pears savoyade. The text also offers food-freezing tips and advice on wine.



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