



# Birmingham Food: A Magic City Menu (American Palate)

*Emily Brown*

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## **Birmingham Food: A Magic City Menu (American Palate)** Emily Brown

Birmingham began as a boomtown filled with immigrants who held on to the best recipes from their homelands. More recently, locals like Frank Stitt and Carole Griffin helped transform the modern southern city into a foodie destination with the best of national trends. Andrew Zimmern visited with his show Bizarre Foods America to tout one of the city's most popular food trucks, Shindigs. Fast casual dining is done with care, and gems like Trattoria Centrale and Bettola are dedicated to local ingredients. Join food writer and restaurant enthusiast Emily Brown as she details the delectable history of food in the Magic City.

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