



Look at You Now: My Journey from Shame to Strength

Liz Pryor

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For readers of *Orange Is the New Black* and *The Glass Castle*, a riveting memoir about a lifelong secret and a girl finding strength in the most unlikely place

In 1979, Liz Pryor is a seventeen-year-old girl from a good family in the wealthy Chicago suburbs. Halfway through her senior year of high school, she discovers that she is pregnant—a fact her parents are determined to keep a secret from her friends, siblings, and community forever. One snowy January day, after driving across three states, her mother drops her off at what Liz thinks is a Catholic home for unwed mothers—but which is, in truth, a locked government-run facility for delinquent and impoverished pregnant teenage girls.

In the cement-block residence, Liz is alone and terrified, a fish out of water—a girl from a privileged, sheltered background living amid tough, street-savvy girls who come from the foster care system or juvenile detention. But over the next six months, isolated and in involuntary hiding from everyone she knows, Liz develops a surprising bond with the other girls and begins to question everything she once held true. Told with tenderness, humor, and an open heart, *Look at You Now* is a deeply moving story about the most vulnerable moments in our lives—and how a willingness to trust ourselves can permanently change who we are and how we see the world.

Advance praise for *Look at You Now*

“Engrossing . . . Readers will swiftly be drawn into the author’s compassionate retelling of her teen pregnancy—her fear, shame, regret, joy, and even her forgiveness of her parents for sending her away. This coming-of-age memoir is authentic and unforgettable.”—*Publishers Weekly*

“Pryor’s refusal to bury the truth of her experiences is the greatest strength of her book. Her honesty about a youthful error and desire to let that honesty define the rest of her life are both uplifting and inspiring. An unsentimental yet moving coming-of-age memoir.”—*Kirkus Reviews*

“I started reading this book thinking it was a compelling, honest, sometimes funny, sometimes poignant look at the world of teenage pregnancy, and knowing it would offer an inside look at the places where girls used to be hidden away until their babies came. I finished it damp-eyed and understanding that *Look at You Now* is much more than that. It is a story about how family dynamics work. It is about how wrenching it is to give away something born of your flesh, even if you know it’s the right decision. It’s about how much we can learn from people very much different from us. Most of all, it is a subtle, graceful story about how sometimes the worst things in our lives work best to shape our characters into something shining and true, something that will serve us for the rest of our lives. Liz Pryor says she will never forget the girls she shared that time of her life with. I will never forget this book. I really, really loved it.”—**Elizabeth Berg, author of *The Dream Lover***

“Liz Pryor’s story is shocking, moving, riveting, and, ultimately, inspiring. She writes like a natural, can balance humor and sorrow perfectly, and in *Look at You Now*, has written a pitch-perfect memoir.”—**Darin Strauss, author of *Half a Life***

From the Hardcover edition.

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From reader reviews:

Jared Williams:

Have you spare time for a day? What do you do when you have a lot more or little spare time? That's why, you can choose the suitable activity for spend your time. Any person spent their own spare time to take a walk, shopping, or went to the Mall. How about open or maybe read a book entitled Look at You Now: My Journey from Shame to Strength? Maybe it is to get best activity for you. You already know beside you can spend your time along with your favorite's book, you can smarter than before. Do you agree with it is opinion or you have various other opinion?

Roman Leonard:

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Julie Tice:

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