



# Motivation and Emotion: Textbook (Routledge Modular Psychology)

*Philip Gorman*

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## **Motivation and Emotion: Textbook (Routledge Modular Psychology) Philip Gorman**

*Motivation and Emotion* provides an explanation of emotional experience and aspects of human behaviour using psychological, physiological and alternative approaches. The brain mechanisms that govern motivations are discussed and questions such as 'Why don't we eat ourselves to death?' and 'How do we know we are thirsty?' are answered.

Phil Gorman is an A-Level teacher at Stafford College, UK, and a chief examiner for the Edexcel A Level Examination Board.

The Routledge Modular Psychology series is a completely new approach to introductory level psychology, tailor-made for the new modular style of teaching. Each book covers a topic in more detail than any large textbook can, allowing teacher and student to select material exactly to suit any particular course or project. Especially written for those students new to higher-level study, whether at school, college or university, the books include the following designed features to help with technique:

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Series editors: Cara Flanagan is a Reviser for AS and A2 level Psychology and an experienced teacher and examiner. Philip Banyard is Associate Senior Lecturer in Psychology at Nottingham Trent University and a Chief Examiner for AS and A2 level Psychology.

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