



The Heart Code: A Novel

Laura Matson Hahn

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Many Say: "Follow Your Heart," But Whoever Shows You How? Meet Gamma Howe, a Bohemian born grandmother living in Gladdenbury, Connecticut with her son Martin, daughter-in-law Myrtle and only grandchild, Celeste. In 1930, Gamma insists on taking 16 year old Celeste to Bohemia, (now called Czechoslovakia) to learn about their ancient ancestry and philosophy of the Bohemian Way and the Secret of Heart's Content. When their return home is delayed to attend the Poet's Ball at Prague Castle, mother Myrtle's schemes for introducing her daughter to Connecticut Society are dashed. But serendipity steps in at the Ball, delivering to Gamma and Celeste the very introduction Myrtle most craved, and begins their alliance with Gladdenbury's most prominent family. But all does not go smoothly over the next four years as Celeste struggles between her mother's social dreams and desires and her Grandmother's urging to follow the Bohemian Way and live her own true path. Friendship, Romance, Adventure, Self Discovery, Intrigue, Family Saga, Coming of Age, History, Philosophy, Strong, Lovable Characters, Surprising Twists and a Rollicking Ride through the arts, culture and sociology of the early 1930's as Celeste learns how to follow her own unique heart voice. Inspired by modern day science of the heart's intelligence separate from the brain, THE HEART CODE NOVEL illuminates the connection between the heart and the brain in a delightful, compelling story, with practical How-To's anyone can apply to their own life. "This Book," a reader claims "Will Save You A Lifetime of Psychotherapy." The Heart Code Novel is a universal story of a young woman's quest to hear and heed her heart's voice. Set in 1930's Connecticut, Bohemia and New York City, this heartwarming, inspirational adventure follows three friends, two families and one unforgettable grandmother over two continents and four years as it reveals the map for discovering one's own heart wisdom ... and the secrets of the Bohemian Way carried in six copper bracelets. An old fashioned tale with robust action, contemporary themes and a tonic to quench the thirst of those seeking a great, spirited read AND the bonus of learning how to recognize their own unique truth and path. Enjoy visionary wisdom, based on modern day heart-science, combined with the lore of the historic, original Bohemians, circa 3000 BCE, wrapped around a wise and loving grandmother anyone would love to call their own. Discover the How of Your Own Heart Code, today!

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