



## Prevention of Diabetes

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# Prevention of Diabetes

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Expertly authored by the world's leading specialists in the field, *Prevention of Diabetes* is the definitive guide for better preventative diabetes care.

Using an evidence-based approach, it outlines the very latest in the identification of people at high risk for type 2 diabetes and how best to use interventional methods such as screening at-risk individuals, pharmaceutical intervention and lifestyle changes.

In addition, it will provide healthcare professionals with the clinical knowledge required to clearly identify the early symptoms of diabetes, enabling them to provide their patients with better clinical care and helping avoid the onset of full-blown diabetes.

Also covered are both the health economics of establishing, and the methods of implement/delivering targeted prevention programmes into clinical and health care practice, based on the vast experience of the editors due to their involvement in such programmes.

*Prevention of Diabetes* provides clear and expert information in a practical, accessible way, and is ideal reading for all those with an interest in the prevention of diabetes and obesity, such as public health workers, specialists in diabetes and obesity, and GP's seeing patients with early onset or pre-diabetes symptoms.

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