



Single: The Art of Being Satisfied, Fulfilled and Independent

Judy Ford

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***Single* is...**

...not a condition to be cured...it's just as natural as being part of a couple. Its wisdom is contagious. Its message is powerful.

...a one-of-a-kind book that speaks a universal language to single women everywhere.

...a sometimes funny, sometimes, touching, and always uplifting collection of true-life experiences and practical wisdom that helps you celebrate your single status.

Single is about upholding the most enduring relationship of all: the one we have with *ourselves*.

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