

## The Farmstand Favorites Cookbook: Over 300 Recipes Celebrating Local, Farm-Fresh Food



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*The Farmstand Favorites Cookbook* highlights the wide range of fruits, vegetables, and other goods available from local farmers markets. With over 300 easy-to-prepare recipes featuring local produce such as apples, pumpkins, berries, tomatoes, garlic, honey, maple syrup, cheese and other dairy products, this book is the ultimate source for the freshest recipes to pair with fresh food.

Featuring tasty and stress-free recipes, including a few all-American favorites, such as:

- Broiled Sirloin with Spicy Mustard and Apple Chutney
- Strawberry-Blueberry Muffins
- Braised Chicken with Apples and Tarragon
- Spiced Egg Nog French Toast
- Cheesy Fiesta Soup
- Roast Turkey with Honey Cranberry Relish
- Hot Maple Apple Cider
- Pumpkin Curry Soup
- Blackberry Pudding
- Honey Walnut Pumpkin Pie
- Quinoa and Pumpkin Seed Salad
- Spicy Maple Chicken Wings
- Maple Nut Fudge
- Cheesy Mexican Casserole

*The Farmstand Favorites Cookbook* shows how you can reap the benefits of locally-grown foods that provide healthful nutrients for your family, as well as a connection to the earth and your community.

More than ever, we strive for a better understanding of where our food comes from, and for many of us this means shopping at a farmers market or farmstand. By supporting your local farmers and producers, you are also supporting a livelihood which is vital for a healthy, sustainable future. *The Farmstand Favorites Cookbook* is your guide.

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