



Positive Discipline for Single Parents, Revised and Updated 2nd Edition: Nurturing Cooperation, Respect, and Joy in Your Single-Parent Family (Positive Discipline Library)

Jane Ed.D. Nelsen, Cheryl Erwin, Carol Delzer

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A Positive, Proven Approach to Single Parenting!

As a single parent in our complex world, you face the challenge of doing alone a job that was meant for two people. In addition, self-doubt and guilt may dampen the joy you experience raising your child. What do you do?

Over the years, millions of parents just like you have come to trust **Jane Nelsen's** classic **POSITIVE DISCIPLINE** series for its consistent, commonsense approach to child rearing. In this completely revised and updated edition of *Positive Discipline for Single Parents* you'll learn how to succeed as a single parent in the most important job of your life: raising a child who is responsible, respectful, and resourceful.

Inside this reassuring book, you'll discover how to:

- Identify potential problems and develop skills to prevent them
- Budget time each week for family activities
- Create a respectful coparenting relationship with your former spouse
- Use nonpunitive methods to help your children make wise decisions about their behavior
- And much, much more!

"Provides very important information for single parents, especially in today's violent society. Used as a resource, it can help parents deal with discipline issues in a positive way and in turn help their children become responsible citizens."—**Judye Foy, international vice president, Community Relations, Parents Without Partners**

"Another great resource for both single parents and therapists . . . practical and enjoyable to read. A must for your parenting library."—**Stephen Sprinkel, marriage and family therapist**

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