



Wilderness & Travel Medicine: A Comprehensive Guide, 4th Edition

Eric A. Weiss MD, MD Jacobs Michael E.

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- * Author is a nationally recognized expert in wilderness medicine
- * Covers both illnesses and injuries
- * Includes improvised techniques for when medical supplies aren't on hand
- * Every section has been updated and new illustrations added to this edition

First published in 1992, *Wilderness & Travel Medicine* has been a staple of the emergency first-aid kits sold worldwide by Adventure Medical Kits. With this fourth edition, Mountaineers Books and Adventure Medical Kits have partnered to release an updated, standalone reference for anyone who ventures away from civilization. Topics covered include everything from CPR, shock, and fractures to head, eye, and dental injuries, poisonous reactions, frostbite, hypothermia, heat illness, and much, much more.

Throughout the text, sidebars provide useful and improvised techniques for specific injuries. In addition, there is "When to Worry" advice explaining how to tell if an injury is advancing in severity, despite attempts to arrest or slow down dangerous symptoms.

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