



# How Not to Act Like a Little Old Lady

*Mary McHugh*

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## **How Not to Act Like a Little Old Lady** Mary McHugh

In this humorous, advice-filled book, best-selling author Mary McHugh has written down her secrets for living a long and happy life after 50. If you're looking for ways to enrich your days, to be happier, to find a new approach to life's problems, you need this book. It's for everyone who wants to make the years ahead more fulfilling, more fun and more meaningful. Each chapter is a short take on making every day better than the day before. If you want to look better, feel better, have more fun, try the tips in this easy-to-read, lively book, so you never act like a little old lady.

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