



# The ADHD Guide to Career Success: Harness your Strengths, Manage your Challenges

*Kathleen G Nadeau*

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Just as the classroom poses the greatest challenges for children and teens with ADHD, the workplace is the arena where Adult ADHD poses the greatest threat. And while adults with ADHD are likely to face professional challenges, it is possible to cultivate a work environment that enables them to thrive and uses the strengths of this unique condition to their advantage. Featuring a large open format with summaries at the beginning of each chapter and designed with the ADHD reader in mind, this newly revised and updated edition offers an easy-to-follow progression of useful information interwoven with practical strategies for career success.

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