

# **Bereavement Counseling: Pastoral Care for Complicated Grieving**

Harold G Koenig, Junietta B Mccall

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**Bereavement Counseling: Pastoral Care for Complicated Grieving** Harold G Koenig, Junietta B Mccall Get a unique insight into health, bereavement, and healing!

Bereavement Counseling: Pastoral Care for Complicated Grieving is a practical guide to the assessment and treatment of complicated grief responses, using a pastoral approach that combines clinical and spiritual care. The book addresses current theory, observations, and experience, and examines changing approaches and developing standards of practice. The author, an ordained minister with an extensive background in pastoral counseling, integrates spirituality into the grieving process by focusing on the partnership between spirituality and healing, the resources of spiritual practices, and the functions of counseling and spiritual/pastoral psychotherapy.

By providing usable treatment strategies, sharing standard interventions, and promoting technical skill for caregivers, Bereavement Counseling: Pastoral Care for Complicated Grieving places sustained emphasis on giving voice to grief and recovery. The author draws from more than 20 years' experience in ministry, teaching, supervision, consultation, and therapy to present stories, vignettes, and poetry that give depth and life to the grieving process. These vignettes provide a unique insight into health, bereavement, and healing and create a living context for maintaining a person-centered focus that promotes meaning and leads to positive outcomes. The book provides templates as assessment and treatment planning aids and includes an extensive bibliography of up-to-date journal articles that reflect the latest research in the field.

Topics addressed in Bereavement Counseling: Pastoral Care for Complicated Grieving include:

- universal grief processes and responses
- dysfunctional grieving
- therapies and treatment priorities
- reorganization and recovery
- how perceptions, thoughts, and belief influence care
- and much more!

Bereavement Counseling: Pastoral Care for Complicated Grieving is a practical resource for clergy, pastoral care specialists, and anyone needing to help others bear with the pain of grief, process loss, gain new insight and meaning, and experience a renewed sense of healing and connection.



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