



The Vivaxis Connection: Healing Through Earth Energies

Judy Jacka

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Judy Jacka, N.D.

The Vivaxis is your life axis, your energy "umbilical cord" to the planet. It is the place where you plug into the Earth and its life-supporting energies. Discovered by Canadian researcher Fran Nixon in the 1960's, the Vivaxis connection is fundamental to human life and health. It sustains and renews us, and affects every aspect of our lives--it even affects how we digest food and resist illness. This unsuspected link between our body and a particular spot on the Earth can make all the difference between health and illness, says Dr. Judy Jacka, the world's leading authority on the new science of Vivaxis. But your Vivaxis connection can be harmed, polluted, or distorted. It can be damaged by chemicals, electromagnetic fields, even lightning. A disturbed Vivaxis connection can make you ill, but restored and vibrant, your Vivaxis connection can keep you healthy. In this ground-breaking book, Dr. Jacka presents more than two dozen easy-to-follow how-to exercises that take you step-by-step through the science of Vivaxis. You'll learn how to energize your Vivaxis, heal it, work with it, and use it to improve almost every aspect of your life. You can even use it to improve the energy health and feel of your home or workplace. The discovery of the Vivaxis connection is a crucial milestone in the field of alternative medicine, showing how energetic connections between the planet and our bodies determine health and how natural therapies actually work. The Vivaxis connection--it's your direct link to the healing energies of the Earth.

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