



# Topical Corticosteroid Therapy: A Novel Approach to Safer Drugs

*Christophers Enno*

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## **Topical Corticosteroid Therapy: A Novel Approach to Safer Drugs** Christophers Enno

This volume documents recent progress in developing novel topical corticosteroids that are free of adverse effects such as skin atrophy and adrenal suppression. The contributors show that these adverse effects can be substantially reduced by designing steroids that are rapidly metabolized by the skin and present preclinical and clinical studies on a newly developed steroid, prednicarbate. These studies show that largely because of its metabolic transformation in the skin, prednicarbate does not produce significant cutaneous atrophy when applied nonocclusively and does not cause marked depression of plasma cortisol levels in either adult or pediatric subjects. The book also offers guidelines for designing and conducting long-term and controlled clinical studies of topical steroids and explores molecular biology approaches to developing nonsteroidal drugs with steroid-like anti-inflammatory actions.

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