



Anger Management Games for Children

Deborah Plummer

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Praise for the author:

'Deborah Plummer uses imagination and empowerment to move children and adults from discouragement to success.'

- The Canadian Child and Adolescent Psychiatry Review

'Deborah Plummer shows a fundamental respect for a child's integrity whilst making sure her language and ideas accessible to a wide range of people.'

- Afasic News

This practical handbook helps adults to understand, manage and reflect constructively on children's anger. Featuring a wealth of familiar and easy-to-learn games, it is designed to foster successful anger management strategies for children aged 5-12.

The book covers the theory behind the games in accessible language, and includes a broad range of enjoyable activities: active and passive, verbal and non-verbal, and for different sized groups. The games address issues that might arise in age-specific situations such as sharing a toy or facing peer pressure. They also encourage children to approach their emotions as a way to facilitate personal growth and healthy relationships.

This is an ideal resource for teachers, parents, carers and all those working with anger management in children.

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Are you kind of stressful person, only have 10 or even 15 minute in your day time to upgrading your mind skill or thinking skill perhaps analytical thinking? Then you have problem with the book when compared with can satisfy your short period of time to read it because this all time you only find reserve that need more time to be learn. Anger Management Games for Children can be your answer given it can be read by anyone who have those short free time problems.

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Steve Pinson:

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