



The Well-Dressed Salad: Contemporary, Delicious and Satisfying Recipes for Salads

Jennifer Joyce

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Over eighty delectable recipes.

Salads can be so much more than a side dish.

Elevating salads to their rightful place as stylish, healthy, satisfying dishes, **The Well-Dressed Salad** offers more than eighty recipes exploring exciting textures and zingy flavors.

As well as putting a fresh spin on classic salads, such as Caesar salad, the book brings together unusual salad dishes from around the world where salads are an art form: the Mediterranean, North Africa, Asia and South America.

The chapters are organized by ingredient, from beans, lentils and grains, leaves and greens, to vegetables, fruit, noodles and rice to meat, fish and poultry. Each recipe is accompanied by:

- Advice on possible variations
- Serving ideas and advance preparation
- Classification of each salad as an appetizer, main course or side dish
- Recipes for tasty dressings and vinaigrettes
- Tips on choosing and using ingredients.

Each recipe has been tested twice to guarantee a stunning success every time.

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