

Potions, Herbs, Oils & Brews: The Reference Guide for Potions, Herbs, Incense, Oils, Ointments, and Brews

Kristina Benson

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The Ultimate Reference & Learning Guide for Wiccans and Herbalists alike! This book is an excellent collection to the reference library of any Wiccan or herbal enthusiast. Included within are instructions on identifying, growing, drying, and preparing herbs, as well as instructions on making oils, tinctures, and teas. The properties of the herbs, both medicinal and spiritual, are discussed, and ideas for brews and potions are given. Other topics included in this guide are: . Aromatherapy . Incense . Rituals . Tea Leaf Reading . Natural Medicinal Properties of Plants



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