



Bringing Up Girls: Practical Advice and Encouragement for Those Shaping the Next Generation of Women

James C. Dobson

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The ultimate guide to raising our daughters right—from parenting authority and trusted family counselor Dr. James Dobson.

Peer pressure. Eating disorders. Decisions about love, romance, and sex. Academic demands. Life goals and how to achieve them. These are just some of the challenges that girls face today—and the age at which they encounter them is getting younger and younger. As a parent, how are you guiding your daughter on her journey to womanhood? Are you equipping her to make wise choices? Whether she's still playing with dolls or in the midst of the often-turbulent teen years, is she truly secure in her identity as your valued and loved daughter? In the *New York Times* bestseller *Bringing Up Girls*, Dr. James Dobson will help you face the challenges of raising your daughters to become strong, healthy, and confident women who excel in life. (This new edition is part of Dr. James Dobson's Building A Family Legacy initiative.)

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