



Amor o dominación (Spanish Edition)

Laura Gutman

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¿Cómo salir de la lógica del patriarcado?

Si continuamos viviendo inmersos en sistemas de competencia, será muy difícil lograr modos de convivencia dentro del respeto mutuo.

Si educamos para competir y formamos guerreros y no hombres solidarios, seguiremos poniendo en marcha un sistema de dominación.

Desde la primera infancia se establece una distancia abismal entre aquello que acontece y aquello que es contado, el que narra, además de someternos emocionalmente, es la persona de quien depende nuestra supervivencia. Necesitamos creer el cuento que nos cuentan, y nos entrenamos para mentir, manipular o seducir con tal de acomodar las cosas a nuestro favor.

Laura Gutman nos ayuda a desentrañar la madeja de engaños e ilusiones sobre la que hemos construido nuestra existencia, y confirma que, si logramos entender que todos dependemos de la cooperación, y no de la competencia, se desmoronará el modelo dominador en el que vivimos. No funcionará más la jerarquización de una parte de la población sobre la otra, y la diversidad ya no se interpretará como superioridad o inferioridad de condiciones.

Amor o dominación, solidaridad u opresión, opciones para desactivar los estragos del patriarcado.

Laura Gutman es psicoterapeuta familiar, especializada en la atención de madres de niños pequeños y parejas. Fundó y dirige Crianza, una institución con base en la Ciudad

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