



# The Controlling Husband: What Every Woman Needs to Know

*Dr. Ron Welch*

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**The Controlling Husband: What Every Woman Needs to Know** Dr. Ron Welch  
**Real hope and real solutions for every woman.**

Have you ever thought or spoken these words?

"I can't live this way anymore."

"I've given up trying to change him."

"I can't ever be good enough."

"He won't listen to me anyway."

Do you feel trapped, helpless, stuck in a situation with no solution and no way out?

As a clinical psychologist, Dr. Ron Welch has heard many women in controlling marriages pour out their hearts. As a recovering controlling husband himself, he understands both sides of the issue. In this candid book, Welch shows how controlling husbands develop and why women sometimes allow themselves to be controlled, then gives practical strategies to help both husband and wife transform the power and control issues in their marriage.

Remember--just because "he's always been this way" doesn't mean your marriage must be that way forever. There is hope and healing for you and your family.

"Dr. Welch has carefully crafted realistic strategies for healing your marriage that will lead you to a new way of living and show you that transformation is possible. As a counselor of over 30 years, I highly recommend the solutions presented in this book."--**Dr. Gregory L. Jantz, PhD**, speaker, founder of The Center for Counseling & Health Resources, author of *Battles Men Face*

"Dr. Welch describes problems that will have many couples saying, 'Yes, that's us!' But where he shines is in his tried-and-true solutions in breaking the bonds of the controlling husband."--**Everett L. Worthington Jr.**, author of *Moving Forward: Six Steps to Forgiving Yourself and Breaking Free from the Past*

**Dr. Ron Welch** (PsyD, Central Michigan University) serves on the faculty of Denver Seminary. Welch has over twenty years of experience in clinical psychology and has extensive experience counseling struggling couples and men with narcissistic and antisocial personality styles. He has developed the Transformational Marriage™ approach, which helps couples through counseling, seminars, and publications. He and his wife, Jan, have walked the road of a controlling marriage personally and live in Colorado.

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