



# Full Circle: My Life and Journey

*Ellen MacArthur*

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## **Full Circle: My Life and Journey** Ellen MacArthur

When Ellen MacArthur set sail in her record-breaking solo circumnavigation of the globe in 2004, it was the culmination of a lifetime's love for the sea and the fulfilment of an ambitious dream. Aged just 18, she was to sail her tiny boat around the coast of Britain single-handedly. It was the first of many astounding achievements. In 2009, Ellen shocked the public when she said she would be turning her back on competitive sailing to focus on the issue of sustainability.

How would the century's greatest sportswoman turn her drive and ambition towards this seemingly impossible challenge facing humanity? This is not a book about just sailing; it is a story about hope and determination, about family and the ties that bond and drive us, and how one person can make a difference.

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