

## Parenting From Your Heart: Sharing the Gifts of Compassion, Connection, and Choice (Nonviolent Communication Guides)

Inbal Kashtan



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The tenets of *Nonviolent Communication* are applied to a variety of settings, including the classroom and the home, in these booklets on how to resolve conflict peacefully. Illustrative exercises, sample stories, and role-playing activities offer the opportunity for self-evaluation, discovery, and application.

Helping parents to connect compassionately with their children, show them love, and offer guidance even in difficult moments, this practical booklet describes how the Nonviolent Communication (NVC) process can transform parenting to promote peace for generations to come. NVC-based parenting tips and ten practical exercises to foster trust, improve cooperation, and inspire open dialogue are included.

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Playing with family inside a park, coming to see the marine world or hanging out with pals is thing that usually you could have done when you have spare time, then why you don't try point that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Parenting From Your Heart: Sharing the Gifts of Compassion, Connection, and Choice (Nonviolent Communication Guides), you may enjoy both. It is good combination right, you still would like to miss it? What kind of hangout type is it? Oh seriously its mind hangout men. What? Still don't have it, oh come on its identified as reading friends.

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