

# The Regiment: 15 Years in the SAS (General Military)

Rusty Firmin



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This is the unforgettable chronicle of Rusty's combat experiences, transporting the reader back to the cutting edge of the SAS's deadly covert missions during the crises of the 80s and 90s. But even more fascinating is his intimate portrayal of what the service was actually like to live and work in. Having served as a paramedic, a demolitions expert, a linguist and ultimately the senior SAS bodyguard instructor, Rusty draws on a unique breadth of experience to delve into the hidden world of the SAS as an institution.

From its early beginnings in World War II, the Special Air Service (SAS) has won renown in some of the most dramatic, dangerous and controversial military special operations of the 20th century. It is a secretive and mysterious unit, whose operations and internal structures are hidden from the public eye. Now, one of its longest-serving veterans offers a glimpse into the shadowy world of the SAS. Rusty Firmin spent an incredible 15 years with 'The Regiment' and was a key figure in the assault on the Iranian Embassy in London in May 1980, the near-suicidal planned attack on Argentina (operation MIKADO) during the Falklands war and the secret conflict between the SAS and the IRA in the 80s.

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