



Starting Treatment With Children and Adolescents: A Process-Oriented Guide for Therapists

Steven Tuber, Jane Caflisch

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Starting Treatment With Children and Adolescents provides therapists with a time-tested framework for treatment and a moment-by-moment guide to the first few sessions with a new patient. In twelve remarkable case studies, verbatim transcripts of individual play-therapy sessions are brought to life through running commentary on techniques and theory and a fine-grained analysis of what worked, what didn't, and what else the clinician could have done to make the session as productive as possible.

Clinicians will come away from the book with a unique window into how other therapists actually work as well as new tools for engaging children and adolescents in process-oriented treatment. They'll also be guided through an exploration of common questions such as how else could I have handled that situation? What other paths could I have tried? Where might those other paths have led? What treatment strategies are most advantageous to my patients' growth – and to my own?

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