

## Asperger Syndrome and Adults... Is Anyone Listening?: Essays and Poems by Spouses, Partners and Parents of Adults with Asperger Syndrome

Karen E. Rodman

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'This short book, a collection of essays and poems, looks at the loneliness, frustration and sadness experienced, not by the person with the syndrome, but by their partners, parents and other family members: it is they who have to cope with the absence of communication, affection and empathy expected from a reciprocal loving relationship.'

#### - Irish Journal of Medical Science

The difficulties faced by people with Asperger's Syndrome (AS) cannot be underestimated, but the emotional problems experienced by those who support them - partners, family and friends - are often over-looked. Focusing on what is referred to as the Cassandra phenomenon, where the neurotypical partner often needs more emotional guidance than the AS partner, this volume gathers together letters, thoughts and poems to give voice to the loneliness, frustration and love felt by many individuals who are close to one or more people with AS. Assembled by FAAAS Inc. (Families of Adults Afflicted with Asperger's Syndrome), a well-known support group specifically for family members, friends and loved ones of people with AS, this collection will provide the emotional support, insight and understanding needed to deal with the emotions that AS evokes within close relationships.



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