



Stern's Guide to the Cruise Vacation, 2015 Edition

Steven B. Stern

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On the Wings of Inspiration: Exploring Our Inner Life Through Interpretive Symbols is based on a collection of drawings and poems created by Cheryl Metrick from spontaneous inspiration. These inspirational poems describe the drawings. The premise of the book is to explore the interpretation of the art itself, and to journey into the drawings to find more personal meaning within. The authors lead readers to take a personal inner journey to self-awareness and inner growth. Cheryl writes interpretations and feelings about each drawing in a narrative, which at times are autobiographical. Jeree's commentary and workbook sections delve into symbolism to guide readers through an analytical process to achieve greater awareness, become mindful, and set guidelines in the continued pursuit of a purposeful and fulfilling life. Many topics are explored and the workbook sections include a wide range of themes. A guided process supports the reader in moving into a place that is more peaceful and more centered to understand and implement life's lessons.



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